

## BENOIT'S MARTIAL ARTS

1351-E Kelly Lake Road, Sudbury, Ontario P3E-5P5

Ph:(705) **522-4413** Fax:(705) 523-5840

**Office Hours:** Monday - Thursday 5:00 pm to 8:00 pm

**Fall Classes Resume Sept 7<sup>th</sup>, 2010**

**Closed Labour Day, Monday, Sept 6<sup>th</sup>, 2010**

**Effective: June 18<sup>th</sup>, 2010**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5:00 - 5:30 pm <b>NINJAS &amp; TIGERS</b> Karate Class 3 - 5 Yrs. Age	5:00 - 5:30 pm <b>DRAGONS</b> Karate Class 6 - 7 Yrs. Age	5:00 - 5:30 pm <b>NINJAS &amp; TIGERS</b> Karate Class 3 - 5 Yrs. Age	5:00 - 5:30 pm <b>DRAGONS</b> Karate Class 6 - 7 Yrs. Age	<b>NO CLASSES</b> <b>FRIDAYS AND</b> <b>SATURDAYS</b>
5:30 - 6:00 pm <b>DRAGONS</b> Karate Class 6 - 7 Yrs. Age	5:30 - 6:00 pm <b>NINJAS &amp; TIGERS</b> Karate Class 3 - 5 Yrs. Age	5:30 - 6:00 pm <b>DRAGONS</b> Karate Class 6 - 7 Yrs. Age	5:30 - 6:00 pm <b>NINJAS &amp; TIGERS</b> Karate Class 3 - 5 Yrs. Age	Speciality <u>Karate</u> <u>Birthday Parties</u> Available Saturdays & Sundays
6:00 - 7:00 pm <b>YOUTH</b> Karate Class <u>All Belts</u>	6:00 - 7:00 pm <b>YOUTH</b> Karate Class <u>All Belts</u>	6:00 - 7:00 pm <b>YOUTH</b> Karate Class <u>All Belts</u>	6:00 - 7:00 pm <b>YOUTH</b> Karate Class <u>All Belts</u>	Call For <b>PERSONAL TRAINING</b>  Appointments
7:00 - 8:00 pm <b>TEEN/ADULT</b> Karate Class <u>All Belts</u>	7:00 - 8:00 pm <b>TEEN/ADULT</b> Karate Class <u>All Belts</u>	7:00 - 8:00 pm <b>TEEN/ADULT</b> Karate Class <u>All Belts</u> <b>BLACK BELTS</b> 8:00 - 9:00 pm	7:00 - 8:00 pm <b>TEEN/ADULT</b> Karate Class <u>All Belts</u>	Summer <b>Team Training</b> As Designated By Your Coaches Fall Training Resumes September 12 <sup>th</sup> , 2010

Open & Family Training: Monday to Thursday 5:00 - 6:00 pm\* Memberships Are Based On Twice Weekly To A Max Of 3 x Week